

bright new futures

For Borders Children and Young People

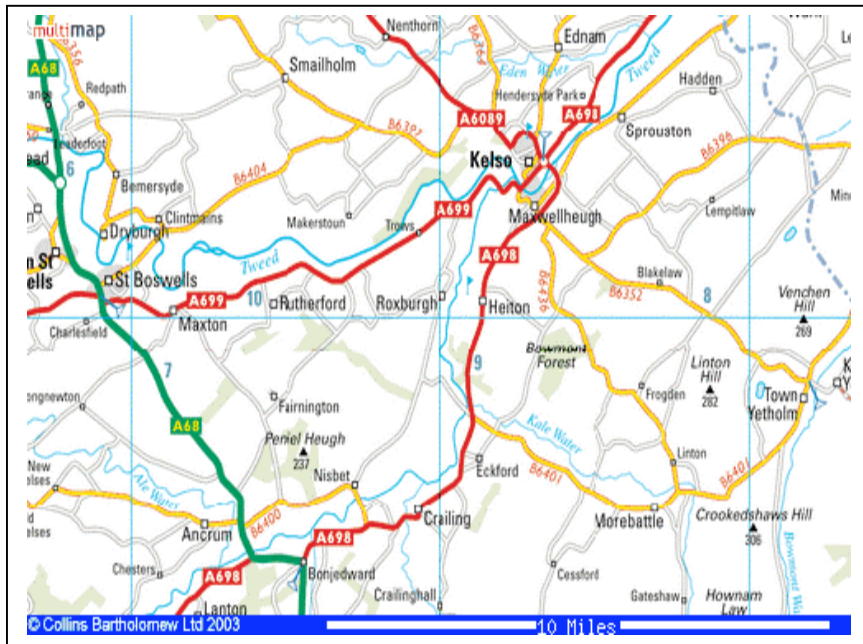


Cheviot – Kelso Area

Local Action Plan

Description of the Locality

The Kelso Area Integration Team is coterminous with Kelso High School's catchment area, encompassing the communities of Ednam to Kirk Yetholm close to the Border with England.



Out of a total population of 23, 599 (2001 census) there are 2, 172 children and young people living in the area which is 9.20% of the 0-18 population of the Scottish Borders area. The picture is very similar in the under 5 age range, there are 620 children under 5 which is 9.09% of the under 5 Borders population.

Kelso is the largest population centre in the area, which serves a number of small and medium sized villages over a large geographic area.

Evidence of Need

Level of Need Indicators	% of Children in Locality	% of Children in the Borders
Free School Meals	8.84	8.58
Clothing Allowance	10.2	11.2
Referrals to the Reporter	5.6	5.43
Looked After Children	0.86	1.69
Referrals to Child Adolescent Mental Health Service	2.87	3.04
Child Protection Register	0.14	0.31
Children Present at Domestic Violence Incidents	1.08	1.21
School Leavers Unemployed	6.6	6.79

The figures on the previous page ought to be treated with a certain amount of caution as they relate to the whole school catchment. A feature of the Kelso area is that there are pockets of deprivation which do not feature when examining statistics alone as there is quite a wide social mix from those who have very low incomes to those who have medium to high incomes. These pockets of deprivation are therefore quite well hidden, and thus there is a misconception that the Kelso area is very affluent.

Access to services is of particular concern for those who live in the outlying villages. This is compounded by the poor public transport links from the outlying areas into Kelso, particularly for those children and young people who would like to access services/activities during the evening. Parents face a similar position, when trying to access services during the day if they have to rely on public transport.

Existing Integration Funds

Funds have already been allocated to establish a Family Learning Worker for the early year's stage in the Kelso area (£16,500 from Support for Parents). Up to £2000 was also allocated to support the development of a Summer Integrated Activity Programme for children and young people. Both of these projects will be monitored and evaluated by the appropriate methods, decided upon by the Locality Integration Team.

Vision and Links to the Integrated Children and Young People's Services Plan

The Locality Integration Team (LIT) through discussion identified a number of issues, which they felt were of particular concern in the Kelso Area. Through further discussion the Team identified actions which would begin addressing those issues in the forthcoming year. The Team are keen to build on existing partnerships and inter-agency work and recognise the work, which is already going on within the Locality. However, it is also apparent within the Kelso Area that there is generally a lack of or limited provision of support services other than statutory services. This therefore has an impact on the capacity of the team to participate in additional tasks.

The table below is a list of the key outcomes from the Integrated Children and Young People's Service Plan, which will be addressed by the Kelso Area Locality Integration Plan.

<u>Safe</u>	
1.	Reduce the neglect and abuse of children and young people.
4.	Reducing the number of serious and fatal road and other accidents for children and ensuring safer routes to school.
<u>Nurtured</u>	
10.	Stronger families and communities.
<u>Healthy</u>	
11.	Improve the physical and emotional health and well being of all children and young people.
12.	Improve mental health services for children and young people.

13.	Provide responsive healthcare services as close to home as possible.
14.	Provide child-centred services, designed to meet the needs of all children.
15.	Improve the sexual health of all children and young people.

Achieving

16.	Raised standards of education for all, especially in the core skills of numeracy and literacy.
17.	Enhanced school environments which are more conducive to teaching and learning.
18.	Young people are equipped with the necessary foundation, skills, attitudes and expectations to prosper in a changing society.
19.	Increased levels of creativity and ambition in young people.
20.	Improving children's cognitive, social and emotional development.

Active

21.	Participation in cultural and sporting activities.
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Respected and Responsible

22.	Increased respect for self and others.
23.	Ensuring children and parents are involved and consulted about key decisions that affect them.
24.	Ensuring young people are meaningfully involved and engaged in decision making and planning processes that affect them.
25.	Combat the anti-social behaviour of a minority of young people and ensure parents act in the best interests of their children.
26.	Reducing the number of persistent young offenders.

Included

27.	Every child and young person benefits from access to children's services, irrespective of gender, disability, colour, race, nationality, ethnic or national origin, sexual orientation, religion or belief.
28.	Reduction in Child Poverty.

Priorities for Action

The Team has identified the following as being the priority areas for action in the forthcoming year from the Action Plan.

1. Home-School Link Worker
2. Co-ordinating Services for Parents
3. School Counselling Service
4. Redevelopment of Kelso Dry Bar
5. = Children's Centre
Mental Health Toolkit
6. Active Communities Co-ordinator

Implementing the Locality Action Plan

The Team has agreed to form four working groups which will meet on a frequent basis (or as needed) to progress the work of the Plan within the agreed priorities. These working groups will report to the Locality Integration Team on bi-monthly basis. Below are the working groups and the parts of the Plan that each working group will cover.

SUPPORTING PARENTS -

- Co-ordinating Services for Parents
- Children's Centre
- Home-School Link Worker
- Family Learning Worker
- Participation of Parents

EMOTIONAL AND MENTAL HEALTH –

- School Counselling Service
- Mental Health Toolkit
- Personal Safety Sessions

INFORMAL AND RECREATIONAL ACTIVITIES

- Active Communities Co-ordinator
- Redevelopment of Kelso Dry Bar
- Improvements to Skate Park
- Integrated Summer Programme
- Participation of children and young people
- Extension of Young Scot Card

TRANSPORT

- Transport Action Fund

SAFE

<u>ICSP Outcome Targets</u>	<u>Project Description</u>	<u>Stakeholders and Management Arrangements</u>	<u>Time-line</u>	<u>Resource Implications</u>	<u>Measures of Performance</u>	<u>Sustainability</u>
1, 4, 9, 10, 25	<p>Co-ordinating Services for Parents</p> <p>Audit current range of services provided for parents in the Kelso area. Use information to develop an Integrated Information pack to better inform parents of the range of services that are available in their area. Links to Aberlour Audit where appropriate.</p>	<p>Health, Family Support – Social Work, Education, Library Services, Childcare Partnership, Parent to Parent (Borders), Careers Scotland and Community Learning</p> <p>Small group of above members will develop criteria for audit and will act as key link person for their agency. Group will regularly report to LIT on progress</p>	<p>Criteria for audit set – Aug 2005</p> <p>Gathering information – Sept-Oct 2005</p> <p>Information finalised for publication Dec 2005</p>	<p>Publication costs and promotion of booklet</p> <p>Admin time</p>	<p>Baseline: Numbers of parents accessing appropriate services</p> <p>Professionals self-reporting increased knowledge of local services</p> <p>User feedback</p>	<p>The Information pack will need to be updated on a yearly basis and published on a yearly basis. Group will identify appropriate core service budget. Information will also be available on the ChIS website</p>

NURTURED

<u>ICSP Outcome Targets</u>	<u>Project Description</u>	<u>Stakeholders and Management Arrangements</u>	<u>Time-line</u>	<u>Resource Implications</u>	<u>Measures of Performance</u>	<u>Sustainability</u>
9, 10	<p>Children's Centre</p> <p>Explore opportunities for co-ordinating use of a range of facilities in the Kelso Area</p> <p>Explore the need for a Children's Centre in the Kelso Area in consultation with various professionals and children and young people. Link into Early Years Group's research of models of excellence.</p>	Family Support, Health, Parent to Parent (Borders), Education, Community Learning, Childcare Partnership,	Project proposal Oct 2005	Feasibility Study	<p>Baseline: Currently there is limited co-location of services within the Kelso area</p> <p>Need identified and established Accommodation needs explored and identified</p>	<p>Project would require longer-term planning and resources</p> <p>Potential for outside funding explored</p>

HEALTHY

<u>ICSP Outcome Targets</u>	<u>Project Description</u>	<u>Stakeholders and Management Arrangements</u>	<u>Time-line</u>	<u>Resource Implications</u>	<u>Measures of Performance</u>	<u>Sustainability</u>
<p>11, 12, 13, 14, 17, 18, 20, 22</p>	<p>School Counselling Service</p> <p>To develop a school counselling service which provides generic support for pupils to fill identified gap from that which is currently offered by other professional services. Service would be targeted at Secondary aged pupils</p>	<p>Guidance Staff K.H.S, Primary Rep, Child Adolescent Mental Health Services, Penumbra, School Health</p> <p>Small group to identify a suitable model for service (either establish a post or enter into a service level agreement) and develop referral criteria</p>	<p>Appropriate model for service Oct 2005</p> <p>Pilot service Oct-June 2006</p>	<p>1 FTE School Counsellor (potential for half funding from Choose Life funding to be explored)</p> <p>Resources for counselling room</p>	<p>Baseline: No of referrals to School Liaison Group No of referrals to School health No of referrals to CAMHS User evaluations Formal feedback from Guidance Staff</p> <p>Currently a lack of capacity to support young people with a higher level of emotional needs</p>	<p>The project will seek appropriate core funding if pilot is successful</p>
<p>11, 12, 17, 18, 20, 22</p>	<p>Mental Health Toolkit</p> <p>Development of a pack of PSE materials which raise awareness around issues of emotional and mental well-being and provide information on access to local services</p> <p>Explore potential for developing a similar pack for the primary stage</p>	<p>Guidance Staff K.H.S, School nurse, Choose Life Co-ordinator, Penumbra Police and Health Promotion</p> <p>Kelso Area School Liaison Group, Health Promotion, School nurse</p>	<p>Multi-agency training Aug 2005</p> <p>Pack developed Sept 2005 Pilot materials Jan 2006 Proposal to be explored initially at Kelso Cluster Meeting</p>	<p>Toolkit is being financed through Choose Life funding</p>	<p>Baseline: This is an area, which currently isn't covered in the PSE curriculum.</p> <p>No of young people accessing appropriate services</p> <p>Pupil evaluation at end of course</p> <p>Area of need to be identified by Kelso Cluster and partners</p>	<p>The toolkit once developed is a self-sustaining resource, which can be used on a yearly basis. If pilot is successful the group plan to make the toolkit available to other High Schools</p>

ACHIEVING

<u>ICSP Outcome Targets</u>	<u>Project Description</u>	<u>Stakeholders and Management Arrangements</u>	<u>Time-line</u>	<u>Resource Implications</u>	<u>Measures of Performance</u>	<u>Sustainability</u>
16, 19, 20, 21, 25	<p>Home-School Link Worker</p> <p>To strengthen and develop positive relationships between school, pupils and parents, with a particular focus on those who currently do not engage with Education or other service providers</p>	<p>Health, Family Support, Education, Police and Borders Young Carers, Careers Scotland, Behaviour Support</p> <p>Small group needs to identify areas/age group of greatest need to inform the targeting of this service</p> <p>Project would be evaluated formally by Weavers Triangle or other evaluation method</p>	<p>Needs assessment Sept-Dec</p> <p>Publicise post Jan 2006</p> <p>Person in post March 2006</p>	<p>1 FTE Home-Link Worker</p> <p>Admin/mileage/resources/ Training</p>	<p>Baseline: Currently lack of capacity to work with this excluded group particularly within the primary stage</p> <p>Number of referrals to support services Number of suspensions Number of exclusions</p> <p>Number of unauthorised absences (excluding holidays)</p>	<p>The project will seek to be incorporated into core funding</p>
16, 18, 19, 20, 21, 25	<p>Family Learning Worker</p> <p>Family Learning Worker will work closely with parents and the staff in the identified primary schools to create opportunities for active parental involvement in the education of their children. Target age group 3-7 year olds</p>	<p>Education, Health, Community Learning and Development, Independent nurseries and playgroups Parent to Parent (Borders) and Family Support</p> <p>Post will be line-managed by LIM and appropriate HT</p>	<p>Post advertised April 2005</p> <p>Person in post Aug 2005</p>	<p>Funding for this post has already been allocated</p>	<p>Baseline: Currently lack of capacity to work with parents in school context</p> <p>User evaluations</p> <p>Method for recording parental involvement needs to be identified</p>	<p>The project will seek to be incorporated into core funding if evaluation is positive</p>

ACTIVE

<u>ICSP Outcome Targets</u>	<u>Project Description</u>	<u>Stakeholders and Management Arrangement</u>	<u>Time-line</u>	<u>Resource Implications</u>	<u>Measures of Performance</u>	<u>Sustainability</u>
11, 19, 21, 24	<p>Active Communities Co-ordinator</p> <p>To co-ordinate recreational activities for children and young people in the Kelso area. Through consultation build upon existing work by increasing age range to 0-18 with a focus on 13-16 year olds. Work would also include activities for parents and children</p>	<p>Community Learning and Development, Schools, Police, Youth Chex ,Parent to Parent (Borders) and RAVS</p> <p>Small working group would need to develop post and agree managerial arrangements</p>	<p>Small Working Group to Explore potential Jan 2006 due to recent Community Learning appointment for the Kelso Area</p>	<p>0.5 FTE post</p> <p>Training/admin/mileage</p>	<p>Baseline: Numbers of children and young people engaging with existing activities</p> <p>Increase in number of participants from target groups</p> <p>Increase in range of activities being offered in the Kelso area</p>	<p>The team would need to consider possible funding streams/core funding that would enable this post to continue</p>
11, 15, 20, 21, 23, 24, 25	<p>Redevelopment of Kelso Dry Bar</p> <p>In consultation with young people refurbish the interior and develop the range of services and resources that are available to users. Create an information centre, which provides a local co-located base for a wide range of information and services. Explore the potential for weekend opening</p>	<p>Young people, Abbey Row Management Committee, Community Learning and Development, Police, Active Primaries Co-ordinator, Parent to Parent (Borders) Careers, existing Dry Bar user groups</p>	<p>Consultation by Sept 05</p> <p>Work carried out by March 05</p> <p>Launch new facility May 05</p>	<p>Estimated costs would need to be established but may include architect fees, furnishing and fittings, IT equipment, cabling etc</p>	<p>Baseline: Currently the Dry Bar facility is underused due to a lack of resources and the general condition of the interior</p> <p>Numbers of young people attending Dry bar</p> <p>Number of agencies/organisations using Dry Bar</p>	<p>Refurbishment costs would be a one-off. Better co-ordination of organisations could lead to increased opening hours</p>

ACTIVE

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11, 20, 21, 24, 25	<p>Improvements to Skate Park</p> <p>In consultation with young people, explore the potential for extending the facilities that are available at the Skate park</p> <p>Explore the potential for liaison with various groups currently working on improvements to the skate park and Sheddon Park</p>	Cheviot Community Safety Panel, Youth Chex, Active Primaries Co-ordinator, Sport Kelso and Future Kelso		<p>Dependant on nature of project</p> <p>Explore the potential for added value to existing projects</p>	Awareness levels raised of various initiatives	Dependant on nature of project
11, 20, 21	<p>Integrated Summer Programme</p> <p>A co-ordinated programme of activities are offered in the Kelso Area in the Summer break and published in one information/booking leaflet</p>	Active Primaries Co-ordinator, Borders Sport and Leisure, Community Learning and Development, Cultural Services, Bridging the Borders	<p>Programme agreed May 2005</p> <p>Leaflets/ booking forms distributed June 2005</p> <p>Programme evaluated Sept 2005</p>	Up to £2,000 has been allocated to the Kelso Area	<p>Increase in numbers of target group attending summer activities</p> <p>Increase in the number of 8-12 year olds participating in activities</p>	Co-ordination needs to occur on a yearly basis and leaflet produced

RESPECTED and RESPONSIBLE

<u>ICSP Outcome Targets</u>	<u>Project Description</u>	<u>Stakeholders and Management Arrangements</u>	<u>Time-line</u>	<u>Resource Implications</u>	<u>Measures of Performance</u>	<u>Sustainability</u>
5, 25, 26	<p>Personal Safety Sessions</p> <p>To raise awareness in children and young people the need to consider their own personal safety in a variety of situations and contexts through an agreed programme of inputs from the Locality police officer</p> <p>Explore links to PSE curriculum in terms of risk taking behaviour</p>	<p>Police, Education Community Wardens and Voluntary Organisations</p> <p>Input to be agreed on a school by school basis and extended to voluntary organisations</p>	Aug 2005- June 2006	Locality police officer's time	<p>Each school will have received agreed input</p> <p>Pupils awareness of safety issues will have been raised</p>	<p>Work can continue and be developed until 2007 when the role of the dedicated officer will either be extended or will revert to the Community Police Officer</p>

INCLUDED

<u>ICSP Outcome Targets</u>	<u>Project Description</u>	<u>Stakeholders and Management Arrangements</u>	<u>Time-line</u>	<u>Resource Implications</u>	<u>Measures of Performance</u>	<u>Sustainability</u>
10, 21, 27	<p>Transport Action Fund</p> <p>Create a small local flexible fund to support transport for excluded individuals, groups.</p> <p>Group to identify appropriate people/groups to lobby for improved transport provision in the local area</p>	<p>LIT would agree criteria for fund and would manage and allocate funding</p> <p>Community Learning and Development, RAVS, Careers Scotland</p>	<p>Criteria agreed Sept 2005</p> <p>Budget allocated for fund Sept 2005</p> <p>Oct 2005</p>	<p>£3000 to be allocated</p>	<p>Baseline: Numbers of children and young people accessing opportunities/services LIT partner feedback</p> <p>LIT would monitor and evaluate use</p> <p>Children and Young people's feedback Long-term, improved transport links in the area for children and young people</p>	
10, 21, 27	<p>Extension of Young Scot Card</p> <p>In conjunction with young people identify and negotiate discounts on local facilities</p>	<p>Young people, Community Learning and Development, Youth Chex and K.H.S</p>	<p>To be agreed according to existing Dialogue Youth Timeline</p>	<p>Minimal cost implications</p>	<p>Numbers of children and young people accessing services/opportunities</p> <p>Numbers of young people accessing local services</p>	<p>Discounts would need to be agreed on a yearly basis</p>

KEY BORDERS-WIDE PRIORITY: Development of Workforce

<u>ICSP Outcome Targets</u>	<u>Project Description</u>	<u>Stakeholders and Management Arrangements</u>	<u>Time-line</u>	<u>Resource Implications</u> From existing £10,000 Allocation	<u>Measures of Performance</u>	<u>Sustainability</u>
16, 18, 19, 20	Multi-agency supporting parents training. All professionals will be able to refer parents to the Family Learning Worker, and Home-School Link Worker in an appropriate and informed way	Education, Health, Family Support, Police and voluntary organisations	Sept 2005 (Twilight session)	Funding for supply cover Cost of commissioned training	Parents will be referred in an appropriate and supported way. Increased uptake of referred support services	
	Monitoring and evaluation training	LIT partners	Jan 2006	Funding for supply cover	Training needed to ensure LIT projects are appropriately managed	
12	Multi-agency training around supporting self-esteem in children and young people	LIT partners	March 2006	Funding for supply cover Cost of trainers	Baseline assessment for monitoring self-esteem needs to be established	

KEY BORDERS-WIDE PRIORITY: Participation of Children, Young People and Parents

<u>ICSP Outcome Targets</u>	<u>Project Description</u>	<u>Stakeholders and Management Arrangements</u>	<u>Time-line</u>	<u>Resource Implications</u>	<u>Measures of Performance</u>	<u>Sustainability</u>
24	Support and liase closely with Youth Chex to ensure young people's views are well represented on the LIT, and potential for added value to Youth Chex projects are examined	Recreational and informal activities working group will liase with Youth Chex and develop appropriate consultation methods for liaison with other children and young people	Group to meet by end Sept 2005	Time commitment from identified partners	Increased numbers of children, young people and parents involved and engaged with the planning process	Consultation process should be ongoing so that it doesn't become tokenistic and without value
23	Identify and support existing methods for engaging with children and parents	See above and below				
27	Identify and develop new methods to consult with groups of children, young people and parents who traditionally do not engage with consultations	Supporting Parents working group will identify appropriate methods for engaging with parents	Group to meet by Sept 2005			